

Ov. Pos	Race no.	Name	Gender	Cat	Club	Gun Time	Chip Time	F Pos	M Pos	Cat Pos	Team Pos
1	281	PAUL BROOKS	M	MV45	STOCKPORT HARRIERS & AC	00:36:36	00:36:35		1	1	1
2	44	RYAN WATERHOUSE	M	MSEN		00:36:49	00:36:47		2	1	
3	424	LUKE MENDHAM	M	MV50	WILMSLOW RUNNING CLUB	00:37:13	00:37:13		3	1	1
4	474	BARRY ARCHBOLD	M	MV50	WILMSLOW RUNNING CLUB	00:37:53	00:37:52		4	2	2
5	184	PAUL ARMSTRONG	M	MV40	STOCKPORT HARRIERS & AC	00:38:08	00:38:06		5	1	2
6	283	MARK KIRKBY	M	MV40	WILMSLOW RUNNING CLUB	00:38:57	00:38:55		6	2	3
7	358	JAMES SPEEDIE	M	MV40	WILMSLOW RUNNING CLUB	00:39:17	00:39:15		7	3	4
8	376	GAVIN BRITTAIN	M	MSEN	STOCKPORT HARRIERS & AC	00:39:41	00:39:40		8	2	3
9	126	GRAHAM SCREAWN	M	MV55	WILMSLOW RUNNING CLUB	00:40:04	00:40:02		9	1	5
10	341	SAM PENDRILL	M	MSEN		00:40:08	00:40:06		10	3	
11	374	DIANE MCVEY	F	FV45	WILMSLOW RUNNING CLUB	00:40:15	00:40:12	1		1	1
12	475	RICHARD OSULLIVAN	M	MSEN		00:40:23	00:40:20		11	4	
13	433	JIM PENDRILL	M	MV50	WILMSLOW RUNNING CLUB	00:40:33	00:40:32		12	3	6
14	156	JENNIFER BADGER	F	FSEN	PRESTWICH AC	00:40:48	00:40:46	2		1	1
15	321	AMY CRITCHLOW	F	FSEN		00:41:03	00:41:01	3		2	
16	185	ASHLEY FARRELL	M	MSEN	WILMSLOW RUNNING CLUB	00:41:19	00:41:17		13	5	7
17	119	JOE HUGHES	M	MV40		00:41:27	00:41:21		14	4	
18	45	SAM CAREY	M	MSEN		00:41:31	00:41:28		15	6	
19	239	LEE MORRIS	M	MSEN		00:41:35	00:41:27		16	7	
20	82	NICK LIVINGSTONE	M	MSEN		00:42:01	00:41:56		17	8	
21	113	DAN HOLMES	M	MV40		00:42:04	00:41:59		18	5	
22	121	STEPHEN GREAVES	M	MV50	WILMSLOW RUNNING CLUB	00:42:05	00:42:00		19	4	8
23	89	CARA JASMINE BRADLEY	F	FSEN		00:42:05	00:42:02	4		3	
24	442	FINLAY PETTIE	M	MSEN	MACCLESFIELD HARRIERS & AC	00:42:10	00:42:06		20	9	1
25	240	MIKE HILL	M	MV55	WILMSLOW RUNNING CLUB	00:42:18	00:42:14		21	2	9
26	349	NEIL PETTIE	M	MV50	MACCLESFIELD HARRIERS & AC	00:42:19	00:42:15		22	5	2
27	48	ESPEN BOWEN	M	MSEN		00:42:22	00:42:15		23	10	
28	469	SAM JOHNSON	M	MSEN		00:42:29	00:42:23		24	11	
29	139	STEPHEN THORPE	M	MSEN	BURNDEN ROAD RUNNERS	00:42:33	00:42:30		25	12	1
30	272	FAYE JASMINE WATERHOUSE	F	FSEN	STOCKPORT HARRIERS & AC	00:42:34	00:42:32	5		4	1
31	243	CHRIS DAVIES	M	MSEN	PRESTWICH AC	00:42:53	00:42:49		26	13	1
32	338	ANGELA MARKLEY	F	FV45	MACCLESFIELD HARRIERS & AC	00:42:54	00:42:51	6		2	1
33	232	FRANCES KENNEY	F	FV40	WILMSLOW RUNNING CLUB	00:43:14	00:43:11	7		1	2
34	203	MATTHEW TAYLOR	M	MV45	WILMSLOW RUNNING CLUB	00:43:17	00:43:13		27	2	10
35	101	DAVID GEE	M	MV70	MANCHESTER HARRIERS & AC	00:43:20	00:43:17		28	1	1
36	279	REBECCA JACKSON	F	FSEN	WILMSLOW RUNNING CLUB	00:43:24	00:43:21	8		5	3
37	436	MIGUEL GUTIERREZ RUBIO	M	MSEN		00:43:25	00:43:20		29	14	
38	202	JARROD HOMER	M	MV55	WILMSLOW RUNNING CLUB	00:43:27	00:43:23		30	3	11
39	459	BENJAMIN REEVE	M	MSEN		00:43:30	00:43:18		31	15	
40	461	CHARLOTTE ATKINSON	F	FSEN	BLACKBURN HARRIERS & AC	00:43:35	00:43:30	9		6	1
41	455	ALYN HILSDEN	M	MV40		00:43:41	00:43:18		32	6	
42	193	JOHN STOCKDALE	M	MV50	MARPLE RUNNERS	00:44:01	00:43:57		33	6	1
43	255	KRISTY GILL	F	FV45	MACCLESFIELD HARRIERS & AC	00:44:02	00:43:59	10		3	2
44	369	MATT SMITH	M	MV40		00:44:09	00:43:41		34	7	
45	34	DAVID LEVIS	M	MV55	POYNTON RUNNERS	00:44:17	00:44:14		35	4	1
46	491	ROB MCMURDO	M	MSEN	STOCKPORT HARRIERS & AC	00:44:19	00:44:14		36	16	4
47	235	JOE DE SOUSA	M	MV55	MACCLESFIELD HARRIERS & AC	00:44:23	00:44:15		37	5	3
48	51	STEVE GRACE	M	MV45	MARPLE RUNNERS	00:44:35	00:44:24		38	3	2
49	99	ROBERT HOLLAND	M	MSEN		00:44:39	00:44:32		39	17	
50	234	NEIL CLARKE	M	MV60	MACCLESFIELD HARRIERS & AC	00:44:47	00:44:43		40	1	4
51	348	BEN VICKERS	M	MV40		00:44:50	00:44:41		41	8	
52	462	OLIVER SIMPSON	M	MSEN		00:44:55	00:44:40		42	18	
53	291	ROSIE YOUNG	F	FSEN	MORNINGTON CHASERS	00:45:00	00:44:56	11		7	1
54	443	PETER DEAN	M	MV40	STOCKPORT HARRIERS & AC	00:45:09	00:45:04		43	9	5
55	168	MARK NORTON	M	MV50		00:45:11	00:45:02		44	7	
56	351	TIM KEELEY	M	MV40	MARPLE RUNNERS	00:45:13	00:45:02		45	10	3
57	296	FRANK WU	M	MSEN		00:45:19	00:45:08		46	19	
58	92	HARRISON FREER	M	MSEN		00:45:22	00:45:01		47	20	
59	199	MARK WALL	M	MV45		00:45:28	00:45:21		48	4	
60	299	STUART SIMPSON	M	MV55		00:45:37	00:45:29		49	6	
61	447	STEVE REYNOLDS	M	MV50	WILMSLOW RUNNING CLUB	00:45:38	00:45:29		50	8	12
62	103	TONY MCDONALD	M	MV65		00:45:38	00:45:36		51	1	
63	71	TOM SMITH	M	MSEN		00:45:39	00:45:28		52	21	
64	43	ANDY LEE	M	MV50	POYNTON RUNNERS	00:45:49	00:45:35		53	9	2
65	454	JOHN ATKINSON	M	MV40		00:45:50	00:45:27		54	11	
66	161	STEVEN JOHNSTONE	M	MSEN		00:45:51	00:45:16		55	22	
67	189	GARETH MAHER	M	MV40	BRAMHALL RUNNERS	00:45:53	00:45:46		56	12	1
68	231	PAUL GARNETT	M	MV60	WILMSLOW RUNNING CLUB	00:46:01	00:45:54		57	2	13
69	488	PAUL WALLACE	M	MSEN		00:46:10	00:46:04		58	23	
70	155	ALAN KENNY	M	MV45		00:46:11	00:45:54		59	5	
71	18	STACY MACPHERSON	F	FSEN	WILMSLOW RUNNING CLUB	00:46:13	00:46:05	12		8	4
72	273	AMANDA HURNDALL	F	FV45	SALFORD METROPOLITAN AC	00:46:14	00:46:11	13		4	1
73	138	DIANE BYGRAVE	F	FV45	WILMSLOW RUNNING CLUB	00:46:18	00:46:14	14		5	5
74	109	PETER EDDLESTON	M	MSEN		00:46:20	00:46:04		60	24	
75	378	DAVID LAFFERTY	M	MSEN		00:46:20	00:45:52		61	25	
76	183	JAMES SAMPLE	M	MSEN		00:46:25	00:46:19		62	26	
77	352	THOMAS MCDONALD	M	MSEN		00:46:27	00:46:08		63	27	
78	33	TIM ARCHER	M	MSEN		00:46:27	00:46:18		64	28	
79	434	PAUL NORRIS	M	MV65	WILMSLOW RUNNING CLUB	00:46:30	00:46:23		65	2	14
80	174	STEVE SHAUGHNESSY	M	MV65	STOCKPORT HARRIERS & AC	00:46:36	00:46:31		66	3	6
81	303	MATTHEW ANTHONY	M	MSEN		00:46:39	00:46:08		67	29	

82	421	DANIEL KEOGH	M	MSEN		00:46:43	00:46:34	68	30	
83	483	JOHN O'REILLY	M	MSEN		00:46:44	00:46:31	69	31	
84	134	JAMES LANGSHAW	M	MSEN		00:46:48	00:46:29	70	32	
85	468	MARK EVANS	M	MSEN		00:46:49	00:46:39	71	33	
86	331	JENNIE PICKARD	F	FV50	STOCKPORT HARRIERS & AC	00:46:49	00:46:43	15	1	2
87	20	SUSAN HARRISON	F	FV50	WILMSLOW RUNNING CLUB	00:46:52	00:46:45	16	2	6
88	175	JAMES HYNES	M	MV50		00:47:13	00:46:51	72	10	
89	171	ROBERT HIRST	M	MV45		00:47:16	00:47:07	73	6	
90	182	PAUL WRIGGLESWORTH	M	MV45		00:47:24	00:47:10	74	7	
91	261	GLYN WILLIAMS	M	MV55	PRESTWICH AC	00:47:27	00:47:12	75	7	2
92	100	CLAIRE KEAT	F	FV40		00:47:32	00:47:26	17	2	
93	360	PHILIP BILLINGSLEY	M	MSEN		00:47:33	00:47:11	76	34	
94	112	CHRIS EAMES	M	MV45		00:47:34	00:47:18	77	8	
95	439	ELEANOR CONNELLY	F	FV40	MARPLE RUNNERS	00:47:35	00:47:25	18	3	1
96	242	PETER TASKER	M	MV40	PRESTWICH AC	00:47:37	00:47:27	78	13	3
97	114	WILLIAM PRITCHARD	M	MSEN	STOCKPORT HARRIERS & AC	00:47:38	00:47:33	79	35	7
98	153	MARTIN WOOD	M	MV45	BRAMHALL RUNNERS	00:47:45	00:47:34	80	9	2
99	106	DARREN WAITHE	M	MV40		00:47:50	00:47:32	81	14	
100	238	NIC BOWN	M	MV60	WILMSLOW RUNNING CLUB	00:47:53	00:47:44	82	3	15
101	3	ADAM STRAND	M	MSEN		00:47:56	00:47:54	83	36	
102	480	MICHAEL FLANNERY	M	MSEN		00:48:07	00:47:58	84	37	
103	59	ANDREA LYNES	F	FV55	MACCLESFIELD HARRIERS & AC	00:48:11	00:48:06	19	1	3
104	64	ANTONIO ROSELL	M	MSEN		00:48:13	00:48:07	85	38	
105	301	PAUL BAYLEY	M	MV60	POYNTON RUNNERS	00:48:16	00:48:04	86	4	3
106	329	MARK SMITH	M	MV50	STOCKPORT HARRIERS & AC	00:48:17	00:48:09	87	11	8
107	323	KERRIE WOOD DOYLE	F	FV55	STOCKPORT HARRIERS & AC	00:48:18	00:48:11	20	2	3
108	322	GARY MORRISON	M	MV55		00:48:20	00:48:13	88	8	
109	445	STEPHANIE MALLET	F	FV40		00:48:20	00:48:14	21	4	
110	440	MICHAEL CONNELLY	M	MV45	MARPLE RUNNERS	00:48:24	00:48:15	89	10	4
111	415	MARK KNIGHT	M	MV40		00:48:26	00:48:08	90	15	
112	426	ALISTAIR HUNTER	M	MV50	SCARAB TRI CLUB	00:48:27	00:48:18	91	12	1
113	91	ANDREW FREER	M	MV45	MARPLE RUNNERS	00:48:31	00:48:10	92	11	5
114	132	NICHOLAS GUDEGAST	M	MV50	MARPLE RUNNERS	00:48:41	00:48:30	93	13	6
115	58	DAN CROFT	M	MV55	MACCLESFIELD HARRIERS & AC	00:48:43	00:48:33	94	9	5
116	361	LYELL TWEED	M	MSEN	ANCOATS	00:48:45	00:48:26	95	39	1
117	22	VICKI CREIGHTON	F	FSEN	DAVENPORT RUNNERS	00:48:54	00:48:50	22	9	1
118	324	JANINE ELLIS	F	FV55	WILMSLOW RUNNING CLUB	00:49:03	00:48:57	23	3	7
119	180	MATT COATH	M	MV55		00:49:04	00:48:55	96	10	
120	337	JAMES NUTTALL	M	MV40		00:49:10	00:48:55	97	16	
121	293	WILLIAM SNELL	M	MV55	POYNTON RUNNERS	00:49:11	00:48:57	98	11	4
122	353	KAIRAN MALLET	M	MSEN		00:49:11	00:49:05	99	40	
123	60	HADRIAN MALLINSON	M	MV55		00:49:13	00:49:02	100	12	
124	295	DANIEL JACKSON	M	MV45	CONGLETON HARRIERS	00:49:14	00:49:06	101	12	1
125	21	ANTONY STATHAM	M	MV40		00:49:20	00:49:10	102	17	
126	450	MAREK HEATH	M	MSEN		00:49:21	00:49:16	103	41	
127	343	RICHARD FURNISS	M	MV55	MARPLE RUNNERS	00:49:22	00:49:06	104	13	7
128	345	ANDY THORP	M	MV55		00:49:24	00:49:19	105	14	
129	73	ALISON SMITH	F	FV40		00:49:30	00:49:19	24	5	
130	37	MATTHEW PIERCE	M	MV40	MARPLE RUNNERS	00:49:31	00:49:16	106	18	8
131	453	JAKE REYNOLDS	M	MSEN		00:49:39	00:49:21	107	42	
132	172	ANT RUSSELL	M	MV40		00:49:43	00:49:24	108	19	
133	285	EMILY BINGHAM	F	FSEN	POYNTON RUNNERS	00:49:46	00:49:39	25	10	1
134	31	VICTORIA FRISBY	F	FSEN	MARPLE RUNNERS	00:49:53	00:49:43	26	11	2
135	38	DANIEL HOWES	M	MSEN		00:49:56	00:49:47	109	43	
136	413	SUNIL MARDANIA	M	MSEN		00:49:58	00:49:44	110	44	
137	481	MATTY BROWN	M	MSEN		00:50:07	00:49:57	111	45	
138	77	MICHAEL LATHAM	M	MSEN		00:50:07	00:49:50	112	46	
139	192	FRANCES JACKSON	F	FSEN	WILMSLOW RUNNING CLUB	00:50:08	00:50:00	27	12	8
140	437	TIM O'NEILL	M	MSEN		00:50:10	00:49:57	113	47	
141	247	CATHERINE J	F	FV40	POYNTON RUNNERS	00:50:30	00:50:22	28	6	2
142	456	ELLA THIELE	F	FSEN		00:50:34	00:50:08	29	13	
143	264	ELLIOTT LEWIS-GEORGE	M	MSEN		00:50:34	00:50:15	114	48	
144	143	GAVIN EYQUEM	M	MV40	STOCKPORT HARRIERS & AC	00:50:35	00:50:35	115	20	9
145	55	WILLIAM BOOTH	M	MSEN	POYNTON RUNNERS	00:50:36	00:50:21	116	49	5
146	26	ANDREW DECAUX	M	MV55		00:50:36	00:50:27	117	15	
147	284	KENNETH CHANCE-LARSEN	M	MV50		00:50:46	00:50:27	118	14	
148	52	ANDY FOWLER	M	MV55		00:50:46	00:50:19	119	16	
149	364	VICKY ROBINSON	F	FSEN	MARPLE RUNNERS	00:50:56	00:50:32	30	14	3
150	477	SCOTT MACDONALD	M	MSEN	POYNTON RUNNERS	00:51:02	00:50:43	120	50	6
151	256	HOLLY LUCAS	F	FSEN	WILMSLOW RUNNING CLUB	00:51:06	00:50:53	31	15	9
152	152	TRACY BOWN	F	FV60	WILMSLOW RUNNING CLUB	00:51:09	00:50:58	32	1	10
153	423	JANINE ORTON	F	FV45		00:51:09	00:50:50	33	6	
154	144	WILL FOTHERINGHAM	M	MV50		00:51:14	00:50:57	121	15	
155	65	MERRYN ROSELL	F	FSEN		00:51:14	00:51:08	34	16	
156	431	KATE FRANKLIN	F	FV40		00:51:18	00:51:13	35	7	
157	328	REBECCA BRIMAGE	F	FV45	STOCKPORT HARRIERS & AC	00:51:22	00:51:10	36	7	4
158	74	ANGELA MCCARTHY	F	FV60	WILMSLOW RUNNING CLUB	00:51:31	00:51:22	37	2	11
159	241	CHRIS SMITH	M	MV40		00:51:33	00:51:21	122	21	
160	72	RICHARD SMITH	M	MV40		00:51:36	00:51:24	123	22	
161	441	NATALIA PETTIE	F	FSEN		00:51:43	00:51:39	38	17	
162	290	NICOLA COPPOCK	F	FV40	WILMSLOW RUNNING CLUB	00:51:48	00:51:38	39	8	12
163	375	RACHEL MASKELL	F	FV40	WILMSLOW RUNNING CLUB	00:51:48	00:51:41	40	9	13

164	373	ALAN TURNER	M	MV55	WILMSLOW RUNNING CLUB	00:51:48	00:51:38	124	17	16
165	131	PETER BROWN	M	MV45		00:52:12	00:51:36	125	13	
166	245	MATILDA HUGHES	F	FSEN		00:52:13	00:52:01	41	18	
167	252	CHLOE FITZPATRICK	F	FSEN	WILMSLOW RUNNING CLUB	00:52:14	00:52:01	42	19	14
168	347	BRADLEY COOKE	M	MSEN		00:52:15	00:52:09	126	51	
169	286	HAYLEY SCOTT	F	FSEN	DORKING & MOLE VALLEY AC	00:52:15	00:52:09	43	20	1
170	19	NICKY MOWAT	F	FV65	WILMSLOW RUNNING CLUB	00:52:18	00:52:09	44	1	15
171	205	TIM BYRNE	M	MV55	STOCKPORT TRI CLUB	00:52:25	00:51:48	127	18	1
172	412	SARAH MCCOURT	F	FV40	POYNTON RUNNERS	00:52:25	00:52:11	45	10	3
173	470	LEO CAMPEN	M	MSEN		00:52:29	00:51:59	128	52	
174	342	JANET WYLES	F	FV55	WILMSLOW RUNNING CLUB	00:52:31	00:52:22	46	4	16
175	23	TIM HARGREAVES	M	MV65	STOCKPORT HARRIERS & AC	00:52:34	00:52:05	129	4	10
176	357	PHILIPPA ATHA	F	FV50	POYNTON RUNNERS	00:52:53	00:52:38	47	3	4
177	179	JOE CHORLTON	M	MSEN		00:53:03	00:52:46	130	53	
178	259	AFY AFROUZ	F	FV40	BRAMHALL RUNNERS	00:53:06	00:52:51	48	11	1
179	151	DARREL GOUGH	M	MV50	MARPLE RUNNERS	00:53:07	00:52:50	131	16	9
180	200	GRAHAM DEWAR	M	MV55	POYNTON RUNNERS	00:53:11	00:52:58	132	19	7
181	356	PAUL HEBDEN	M	MV55	BOLLINGTON HARRIERS	00:53:13	00:52:58	133	20	1
182	263	FRED ADAMS	M	MSEN		00:53:20	00:53:00	134	54	
183	463	PAUL SMITH	M	MV45		00:53:20	00:52:51	135	14	
184	478	CATHERINE MACHIN	F	FV40	WILMSLOW RUNNING CLUB	00:53:22	00:53:13	49	12	17
185	365	SARAH TURNER	F	FV45		00:53:23	00:53:15	50	8	
186	249	RICHARD SKELTON	M	MSEN		00:53:26	00:52:50	136	55	
187	122	PAUL FAIRWEATHER	M	MV40		00:53:27	00:53:09	137	23	
188	330	ANNA ASHTON	F	FV65	MARPLE RUNNERS	00:53:42	00:53:32	51	2	4
189	333	JASMINE HUGHES	F	FSEN		00:53:48	00:53:22	52	21	
190	444	RUSSELL MELLOR	M	MV60		00:53:49	00:53:17	138	5	
191	181	STEVE GLOSSOP	M	MV50		00:53:53	00:53:43	139	17	
192	277	JOHN MORRIS	M	MSEN		00:53:54	00:53:15	140	56	
193	42	JEREMY AUSTIN	M	MV55		00:53:56	00:53:42	141	21	
194	244	NADIAH LAAJAM	F	FV40		00:53:57	00:53:45	53	13	
195	464	CHELSEA MEARS-GRAHAM	F	FSEN	MARPLE RUNNERS	00:54:03	00:53:42	54	22	5
196	340	MATT BROOMHEAD	M	MV40	DIDSBURY RUNNERS	00:54:07	00:53:45	142	24	1
197	258	JOANNE HOUGHTON	F	FV55	PRESTWICH AC	00:54:08	00:53:49	55	5	2
198	56	KATIE LAMBERT	F	FSEN	POYNTON RUNNERS	00:54:12	00:53:56	56	23	5
199	127	JANET SCREAWN	F	FV55	WILMSLOW RUNNING CLUB	00:54:13	00:54:00	57	6	18
200	93	DANIELLE MARCH	F	FV40		00:54:14	00:53:53	58	14	
201	278	LAUREN SNELSON	F	FSEN		00:54:20	00:54:06	59	24	
202	25	PATRICK MULHALL	M	MV45		00:54:22	00:53:49	143	15	
203	335	GARETH AMOS	M	MV40	WILMSLOW RUNNING CLUB	00:54:23	00:54:00	144	25	17
204	196	ZACH WEAVER	M	MSEN		00:54:24	00:53:46	145	57	
205	271	GARY WENN	M	MV55	POYNTON RUNNERS	00:54:25	00:53:58	146	22	8
206	451	ALISTAIR CRANFIELD	M	MSEN		00:54:29	00:54:06	147	58	
207	448	ISOBEL BAILEY	F	FSEN		00:54:33	00:53:56	60	25	
208	173	DARCY MAY RUSSELL	F	FSEN		00:54:39	00:54:21	61	26	
209	39	ROSIE CHADWICK	F	FSEN		00:54:43	00:54:11	62	27	
210	154	STEPHEN SHARROCKS	M	MV55	STOCKPORT HARRIERS & AC	00:54:48	00:54:32	148	23	11
211	297	RACHAEL LOMAX	F	FSEN	POYNTON RUNNERS	00:54:51	00:54:21	63	28	6
212	298	JAMES HYNES	M	MSEN		00:54:51	00:54:21	149	59	
213	380	JUDE GRADY	F	FV40	POYNTON RUNNERS	00:54:57	00:54:44	64	15	7
214	107	ZOE ATKINSON	F	FV40		00:55:12	00:54:52	65	16	
215	165	JOHN PORTEOUS	M	MV70	WILMSLOW RUNNING CLUB	00:55:16	00:55:08	150	2	18
216	98	SOPHIE HOLLAND	F	FSEN		00:55:24	00:54:53	66	29	
217	149	CRAIG PHILLIPS	M	MV50	POYNTON RUNNERS	00:55:24	00:55:06	151	18	9
218	116	ANDREW CLARKE	M	MSEN		00:55:27	00:55:08	152	60	
219	368	CHRISTOPHER ROBINSON	M	MSEN		00:55:29	00:54:57	153	61	
220	300	CHRIS PAYNE	M	MV40		00:55:32	00:55:26	154	26	
221	188	LIZ ANDERTON	F	FV45		00:55:32	00:54:54	67	9	
222	452	ANDREW WELSBY	M	MSEN		00:55:33	00:55:14	155	62	
223	418	ROB WALLIS	M	MSEN	POYNTON RUNNERS	00:55:38	00:55:04	156	63	10
224	57	ANDREA BOOTH	F	FV50	POYNTON RUNNERS	00:55:44	00:55:33	68	4	8
225	381	BARRIE DAVIES	M	MV45		00:55:48	00:55:41	157	16	
226	87	GEORGINA BENNETT	F	FSEN		00:55:52	00:55:15	69	30	
227	204	MEGAN DAVIES	F	FSEN		00:55:58	00:55:36	70	31	
228	49	STEPH RENSHAW	F	FSEN	POYNTON RUNNERS	00:56:02	00:55:53	71	32	9
229	363	SIMON LEES	M	MV50	POYNTON RUNNERS	00:56:03	00:55:32	158	19	11
230	29	MARK ATHERTON	M	MV50		00:56:08	00:55:36	159	20	
231	191	BRUCE MARSHALL	M	MV45		00:56:09	00:55:49	160	17	
232	302	PATRICK GRANNAN	M	MV70	WILMSLOW RUNNING CLUB	00:56:15	00:56:01	161	3	19
233	137	ELAINE FLAVELL	F	FSEN	STOCKPORT HARRIERS & AC	00:56:20	00:56:01	72	33	5
234	36	CHARLOTTE SMITH	F	FSEN		00:56:21	00:55:57	73	34	
235	274	ANDREA LEES	F	FV50	POYNTON RUNNERS	00:56:22	00:55:50	74	5	10
236	458	IAN HORNE	M	MV40		00:56:24	00:55:49	162	27	
237	145	JOHN GRAYSTON	M	MV40	POYNTON RUNNERS	00:56:28	00:56:11	163	28	12
238	40	DAVID WATERHOUSE	M	MV65	TNT RUNNERS	00:56:33	00:55:55	164	5	1
239	467	ADAM PAINTER	M	MSEN		00:56:40	00:56:10	165	64	
240	265	PAUL EDWARDS	M	MSEN		00:56:43	00:56:25	166	65	
241	287	KOBI OMENAKA	M	MV40		00:56:44	00:56:14	167	29	
242	63	JEFF DENNY	M	MV65		00:56:47	00:56:23	168	6	
243	466	JASON SOLLINGER	M	MV50		00:56:48	00:56:18	169	21	
244	355	RICHARD ATHA	M	MV50	POYNTON RUNNERS	00:56:53	00:56:36	170	22	13
245	140	BETHANY QUICK	F	FSEN		00:56:56	00:56:23	75	35	

246	95	SARAH HARDY	F	FSEN	MARPLE RUNNERS	00:56:58	00:56:33	76	36	6
247	294	KEVAN HODGINS	M	MV65		00:57:07	00:56:28		171	7
248	195	NINA CASSIDY	F	FV50		00:57:14	00:56:44	77		6
249	260	EMMA HURST	F	FV50		00:57:18	00:57:07	78		7
250	379	LAURA REYNOLDS	F	FV45	WILMSLOW RUNNING CLUB	00:57:20	00:56:48	79		10
251	8	JOHN PHELAN	M	MV55		00:57:21	00:56:57		172	24
252	429	MICHELE O'NEILL-HALL	F	FV55	NORTH EAST VETERANS AC	00:57:25	00:57:10	80		7
253	108	JACK KEMP	M	MSEN		00:57:44	00:57:28		173	66
254	78	PHIL HOLLAND	M	MV60		00:57:45	00:57:19		174	6
255	350	JANET HARDWICK	F	FV65	PRESTWICH AC	00:57:48	00:57:14	81		3
256	24	TRACEY HARRIS	F	FV45		00:57:50	00:57:17	82		11
257	411	LEE MCCOURT	M	MV45	POYNTON RUNNERS	00:57:54	00:57:38		175	18
258	86	ANN RICHARDSON	F	FV40	MARPLE RUNNERS	00:58:00	00:57:34	83		17
259	377	NATHAN BUCKLEY	M	MV40		00:58:13	00:57:55		176	30
260	125	SUSAN BROWNE	F	FV55	OFFERTON COMMUNITY ROADRUNNERS	00:58:15	00:57:54	84		8
261	460	KEVIN OFFER	M	MV65	WILMSLOW STRIDERS	00:58:39	00:58:10		177	8
262	94	HOLLY FINLINSON	F	FSEN		00:58:39	00:58:18	85		37
263	479	MATTHEW DAVIES	M	MV40		00:58:47	00:58:08		178	31
264	420	JOANNA COLE	F	FV40		00:58:47	00:58:16	86		18
265	84	LOUISE HARDY	F	FSEN	MARPLE RUNNERS	00:58:48	00:58:22	87		38
266	471	ROB MOWAT	M	MV40		00:58:49	00:58:33		179	32
267	104	JOHN NORRIS	M	MV60	MARPLE RUNNERS	00:58:51	00:58:29		180	7
268	346	CATRIONA MARSHALL	F	FV55	WILMSLOW RUNNING CLUB	00:59:12	00:59:00	88		9
269	162	THOMAS OWEN	M	MV40		00:59:13	00:58:39		181	33
270	362	BELLA ATKINSON	F	FSEN		00:59:20	00:58:55	89		39
271	111	CERI EAMES	F	FV40		00:59:21	00:59:05	90		19
272	484	SARAH WILLIAMS	F	FSEN		00:59:23	00:59:10	91		40
273	16	ANNA ROWLAND	F	FV45		00:59:29	00:59:08	92		12
274	133	YASMINE CRISP	F	FSEN		00:59:29	00:59:03	93		41
275	102	EMMA BRODIE	F	FV45		00:59:33	00:59:04	94		13
276	201	NICK HERD	M	MV50		00:59:34	00:58:56		182	23
277	473	NIC BRANCACCIO	M	MV55	CHIPPENHAM HARRIERS	00:59:35	00:59:19		183	25
278	7	DAVE TROWSE	M	MV60	SPORTS FEET	00:59:45	00:59:16		184	8
279	83	ALAN ROBERTS	M	MV70	POYNTON RUNNERS	00:59:49	00:59:20		185	4
280	120	ADAM BATES	M	MSEN		00:59:50	00:59:14		186	67
281	422	RACHEL HARTLEY	F	FSEN		01:00:06	00:59:44	95		42
282	117	CATHERINE HETHERINGTON	F	FV45	POYNTON RUNNERS	01:00:12	00:59:59	96		14
283	118	MARK HETHERINGTON	M	MV45	POYNTON RUNNERS	01:00:12	01:00:00		187	19
284	135	GEORGIA FLYNN	F	FSEN		01:00:12	00:59:47	97		43
285	416	ELLIE FIELD	F	FSEN	DRAGONS RUNNING CLUB (SALE)	01:00:16	00:59:53	98		44
286	449	MIKE HALL	M	MV60	BRAMHALL RUNNERS	01:00:24	00:59:47		188	9
287	10	REBECCA SUTTON	F	FSEN		01:00:32	01:00:06	99		45
288	46	MICHAEL SHAW	M	MSEN		01:00:32	00:59:52		189	68
289	47	SARAH SHAW	F	FSEN		01:00:32	00:59:52	100		46
290	166	HELEN VEITCH	F	FV65	PRESTWICH AC	01:00:40	01:00:05	101		4
291	142	HELEN FOTHERINGHAM	F	FV45	POYNTON RUNNERS	01:00:40	01:00:22	102		15
292	371	LAUREN MOWAT	F	FSEN		01:00:41	01:00:26	103		47
293	169	RHONA JOHNSON	F	FV60	BRAMHALL RUNNERS	01:00:46	01:00:18	104		3
294	4	ROLAND ELLISON	M	MV50		01:00:55	01:00:31		190	24
295	250	BETHAN SCORER	F	FSEN	POYNTON RUNNERS	01:01:00	01:00:39	105		48
296	50	SHELLEY MORRALL	F	FV40	POYNTON RUNNERS	01:01:05	01:00:57	106		20
297	251	REBECCA SCANLON	F	FV45		01:01:08	01:00:44	107		16
298	367	MAX WRIGLEY	M	MSEN		01:01:10	01:00:39		191	69
299	366	ROWAN HILL	M	MSEN		01:01:11	01:00:40		192	70
300	438	JULIE LUCAS	F	FV60	WILMSLOW RUNNING CLUB	01:01:11	01:00:58	108		4
301	178	LEA CARRUTHERS	F	FSEN	MARPLE RUNNERS	01:01:23	01:00:57	109		49
302	485	RIO MCARDLE	M	MSEN		01:01:27	01:00:54		193	71
303	487	CHARLOTTE OWEN	F	FSEN		01:01:27	01:00:54	110		50
304	486	ROSEMARIE MCARDLE	F	FV45	BRAMHALL RUNNERS	01:01:27	01:00:54	111		17
305	167	NICOLA OHARA	F	FV50		01:01:33	01:01:16	112		8
306	359	MYA BROMFIELD	F	FSEN		01:01:34	01:01:03	113		51
307	237	ELLIOT BRADY	M	MSEN	MANCHESTER HARRIERS & AC	01:01:34	01:01:20		194	72
308	110	LUCY EDDLESTON	F	FSEN		01:01:39	01:01:23	114		52
309	81	SUE CAMPBELL	F	FV70		01:01:41	01:01:15	115		1
310	370	DENISE GREGORY	F	FV55	BRAMHALL RUNNERS	01:01:50	01:01:36	116		10
311	326	KAREN HARTLEY	F	FV45		01:01:53	01:01:17	117		18
312	150	LAURA SWITZER	F	FV45		01:01:53	01:01:17	118		19
313	80	NICOLA HODGSON	F	FV40		01:02:05	01:01:39	119		21
314	88	LORENA MCCrackEN	F	FSEN		01:02:12	01:01:41	120		53
315	79	LEANNE DULSON	F	FV45	WOBBLY BUMS	01:02:18	01:01:51	121		20
316	262	HAZEL HARRINGTON	F	FV60	BRAMHALL RUNNERS	01:02:27	01:02:15	122		5
317	414	FIONA DUNLOP	F	FSEN		01:02:28	01:02:13	123		54
318	67	CATH BROOMFIELD	F	FV50	MARPLE RUNNERS	01:02:29	01:02:04	124		9
319	66	JENNY DOCKNEY	F	FV45	MARPLE RUNNERS	01:02:30	01:02:05	125		21
320	253	PHIL HIGGINBOTTOM	M	MV55	DAVENPORT RUNNERS	01:02:33	01:01:58		195	26
321	124	MANDY ELLISON	F	FV50		01:02:40	01:02:23	126		10
322	123	JULIE SHERIDAN	F	FV50		01:02:55	01:02:37	127		11
323	53	ALAN BARKER	M	MV55		01:02:57	01:02:14		196	27
324	327	NICHOLA COOKE	F	FV40	PRESTWICH AC	01:02:58	01:02:24	128		22
325	41	JOHN NORMANSELL	M	MV65		01:02:59	01:02:32		197	9
326	207	EMMA LOCK	F	FSEN	POYNTON RUNNERS	01:03:04	01:02:36	129		55
327	206	GAVIN MCKAY	M	MV40	POYNTON RUNNERS	01:03:05	01:02:36		198	34

328	492	MATT WESTBROOK	M	MV40	POYNTON RUNNERS	01:03:11	01:02:45		199	35	18
329	198	HANNAH GUY	F	FSEN		01:03:17	01:02:56	130		56	
330	129	ANDREW MERRIMAN	M	MV40		01:03:24	01:02:50		200	36	
331	164	JON ROTHWELL	M	MSEN		01:03:27	01:02:55		201	73	
332	141	KATHRYN COOPER	F	FSEN	MARPLE RUNNERS	01:03:28	01:03:01	131		57	12
333	427	ALEXIS DINSMOR	F	FV70	STOCKPORT HARRIERS & AC	01:03:44	01:03:08	132		2	6
334	435	CLAIRE AUSTIN	F	FSEN		01:03:46	01:03:21	133		58	
335	177	SARAH ROBINSON	F	FV40		01:03:48	01:03:09	134		23	
336	482	LISA SWEENEY	F	FV40		01:03:50	01:03:17	135		24	
337	115	ALEX DYSON	M	MSEN		01:03:52	01:03:32		202	74	
338	194	BARRY THOMPSON	M	MV65	STOCKPORT HARRIERS & AC	01:03:54	01:03:23		203	10	12
339	465	PETER EVANS	M	MV60		01:04:00	01:03:30		204	10	
340	197	SCOTT PARKINSON	M	MSEN		01:04:01	01:03:27		205	75	
341	157	TRACY LIVESEY	F	FV55	MANCHESTER HARRIERS & AC	01:04:03	01:03:52	136		11	1
342	170	BARRY JOHNSON	M	MV65	POYNTON RUNNERS	01:04:04	01:03:36		206	11	19
343	54	VALERIE KULKARNI	F	FV60	MACCLESFIELD HARRIERS & AC	01:04:05	01:03:40	137		6	4
344	159	ALISON TAYLOR-FARRELL	F	FV40	POYNTON RUNNERS	01:04:10	01:03:47	138		25	16
345	158	DEBBIE BERESFORD	F	FV55	MANCHESTER HARRIERS & AC	01:04:22	01:04:11	139		12	2
346	148	CHARLOTTE PHILLIPS	F	FV40	POYNTON RUNNERS	01:04:25	01:04:08	140		26	17
347	248	SARAH MOORES	F	FV40		01:04:38	01:04:05	141		27	
348	344	ADELE RAWLINSON	F	FV45		01:04:42	01:04:18	142		22	
349	146	CHRIS JOHNSON	M	MV75	GLOSSOPDALE HARRIERS	01:04:49	01:04:07		207	1	1
350	336	VICTORIA WILLIAMS	F	FV40	WILMSLOW RUNNING CLUB	01:04:49	01:04:26	143		28	22
351	288	CLAIRE PERFECT	F	FV50		01:04:51	01:04:13	144		12	
352	233	ANTHONY WRIGLEY	M	MV50		01:05:06	01:04:43		208	25	
353	70	KATE MURPHY	F	FSEN	DAVENPORT RUNNERS	01:05:14	01:05:00	145		59	2
354	446	S GARNETT	F	FV45		01:05:18	01:04:50	146		23	
355	35	HANNAH TIMPERLEY	F	FSEN		01:05:23	01:04:59	147		60	
356	325	MAGS BRADBURY	F	FV45		01:05:26	01:05:03	148		24	
357	425	IAN ASHCROFT	M	MV75	WILMSLOW RUNNING CLUB	01:05:26	01:05:13		209	2	20
358	30	ANGELA ATHERTON	F	FV50		01:05:27	01:04:55	149		13	
359	130	MICHELLE CRONSHAW	F	FV45		01:05:46	01:05:12	150		25	
360	236	CATHY ASHWORTH	F	FV50		01:05:50	01:05:16	151		14	
361	282	EMMA CLIFF	F	FV40		01:05:51	01:05:17	152		29	
362	270	EMMA CHARLES	F	FV40		01:05:51	01:05:10	153		30	
363	246	LYNSEY CHARLES	F	FV45		01:06:21	01:05:45	154		26	
364	90	JENNIFER FREER	F	FV45		01:07:05	01:06:45	155		27	
365	190	NAOMI MARSHALL	F	FV45		01:07:19	01:07:01	156		28	
366	163	JO SIDDALL	F	FV50		01:07:33	01:07:27	157		15	
367	292	CHARLOTTE PREECE	F	FSEN		01:08:08	01:07:32	158		61	
368	32	ZOE BIELBY	F	FV50		01:09:04	01:08:24	159		16	
369	276	ANNELIESE JONES	F	FSEN		01:09:06	01:08:30	160		62	
370	96	MARK HURST	M	MV50		01:09:38	01:09:08		210	26	
371	476	JESSICA WOOD	F	FSEN	POYNTON RUNNERS	01:09:52	01:09:30	161		63	18
372	332	HANNAH SMITH	F	FV40	MARPLE RUNNERS	01:09:57	01:09:29	162		31	13
373	289	SAMANTHA GIBSON	F	FV50		01:10:09	01:09:29	163		17	
374	1	LIAM KENNEDY	M	MSEN		01:10:17	01:09:38		211	76	
375	419	ELIZABETH CALVERT	F	FV45	PRESTWICH AC	01:10:24	01:09:45	164		29	6
376	354	CHRISTINE ROSEETA WALKER	F	FV40		01:10:32	01:10:09	165		32	
377	187	DAISY MAILE	F	FSEN		01:10:34	01:09:56	166		64	
378	489	DAWN BOOTH	F	FV55	DAVENPORT RUNNERS	01:11:11	01:10:28	167		13	3
379	5	MORAG MORGAN	F	FV70	BRAMHALL RUNNERS	01:11:33	01:10:55	168		3	6
380	9	FIONA PETERS	F	FSEN		01:11:37	01:11:12	169		65	
381	11	CLARE O'KEEFFE	F	FV40		01:11:41	01:11:17	170		33	
382	280	BRYONEE MACKENZIE	F	FSEN		01:11:57	01:11:21	171		66	
383	417	STEVEN WALL	M	MV55	RUN NATION	01:11:58	01:11:18		212	28	1
384	105	LYNSEY YEOMANS	F	FV40	MARPLE RUNNERS	01:12:05	01:11:38	172		34	14
385	12	TRACY WORTHINGTON	F	FV40		01:12:11	01:11:46	173		35	
386	15	MARGARET WORTHINGTON	F	FV65		01:12:11	01:11:48	174		5	
387	61	HELEN WHITE	F	FV55	BRAMHALL RUNNERS	01:12:49	01:12:36	175		14	7
388	490	GUY THOMPSON	M	MV55		01:12:58	01:12:24		213	29	
389	136	CELIA MACDONALD	F	FV60		01:13:16	01:12:57	176		7	
390	62	DIANE CHADWICK	F	FV50	BRAMHALL RUNNERS	01:13:34	01:13:21	177		18	8
391	268	FAYE WRIGHT	F	FSEN		01:13:57	01:13:15	178		67	
392	269	CHRIS WRIGHT	M	MV40		01:13:58	01:13:15		214	37	
393	28	JAMES NIXON	M	MSEN		01:14:17	01:13:43		215	77	
394	27	BETHAN DECAUX	F	FSEN		01:14:21	01:13:47	179		68	
395	97	LYNDSEY HOLLAND	F	FV55		01:14:30	01:13:51	180		15	
396	68	TIM FORD	M	MV65		01:15:14	01:14:46		216	12	
397	254	JANE STRINGER	F	FV45		01:15:21	01:15:15	181		30	
398	75	CAROLE HARTLEY	F	FV50		01:15:36	01:15:15	182		19	
399	76	SARAH HOUGHTON	F	FV50		01:15:36	01:15:14	183		20	
400	85	KATE DRAPER	F	FSEN	BRAMHALL RUNNERS	01:16:15	01:15:35	184		69	9
401	457	ZEKI AL-KHISHALI	M	MSEN		01:18:15	01:17:36		217	78	
402	160	LINDA CROSS	F	FV55	MANCHESTER HARRIERS & AC	01:18:36	01:18:21	185		16	3
403	472	PETER DRAPER	M	MV70	BRAMHALL RUNNERS	01:20:01	01:19:20		218	5	4
404	372	CLARE DRAPER	F	FSEN	BRAMHALL RUNNERS	01:20:01	01:19:20	186		70	10
405	128	LAURA MERRIMAN	F	FV40		01:21:05	01:20:30	187		36	
406	2	LINDA AMOS	F	FV60	MARPLE RUNNERS	01:21:25	01:20:57	188		8	15
407	428	JANETTE KILGOUR	F	FV70	HEATON HARRIERS & AC	01:21:28	01:21:14	189		4	1
408	266	HANNAH ROBERTS	F	FSEN		01:21:29	01:21:04	190		71	
409	267	LUKE RIGBY	M	MSEN		01:21:30	01:21:05		219	79	

410	257	ELAINE DEVINE	F	FV65	STOCKPORT HARRIERS & AC	01:21:43	01:21:17	191		6	7
411	334	HELEN LENEHAN	F	FV70		01:21:43	01:21:16	192		5	
412	147	TREVOR FAULKNER	M	MV80	WILMSLOW RUNNING CLUB	01:24:27	01:23:44		220	1	21
413	432	HELEN LEATHER	F	FV55	WARRINGTON RUNNING CLUB	01:24:30	01:23:47	193		17	1
414	339	PETER LEATHER	M	MV50	WARRINGTON RUNNING CLUB	01:24:30	01:23:47		221	27	1
415	13	CIARA O'KEEFFE	F	FV40		01:24:53	01:24:28	194		37	
416	14	CHARLOTTE WILDING	F	FSEN		01:24:53	01:24:28	195		72	
417	176	RUTH AUSTIN	F	FV55	OFFERTON COMMUNITY ROADRUNNERS	01:25:04	01:24:44	196		18	2
418	6	DIANA POWELL	F	FV65	BRAMHALL RUNNERS	01:25:05	01:24:25	197		7	11
419	186	AMY JERVIS	F	FSEN		01:27:33	01:26:54	198		73	
420	430	GEORGE ROUTLEDGE	M	MV75	HEATON HARRIERS & AC	01:27:52	01:27:12		222	3	1